



BIAS – *Bowls Coaching!*

(**B** - Bowls **I** - Improvement **A** - Ability **S** - Sessions)

Tired of never getting the line or being too heavy or having a bowling style that needs tweaking or just need to develop a wider range of shots?



Here's your chance!

HDIBC has Coaches just waiting to help you.

Starting October 2020

On offer to all members experienced or new:-

FREE: Coaching to club members – your only cost is rink hire

FREE: One to One **BIAS** sessions, by arrangement

FREE: Group **BIAS** Clinics, by arrangement (4 only per session)

FREE: Up to 2 hours coaching per session with VIDEO if required

FREE: New members 4 sessions to build confidence, knowledge and skill

All session Covid-19 compliant

Plus Measuring, marking and understanding basic laws can also be arranged

Handouts on Rules, Etiquette and Purposeful Practice included

The BIAS coaching team are Jim Davis, Judith Hitchman, Ian and Jeanne Coker

Email: coaching@hdib.club